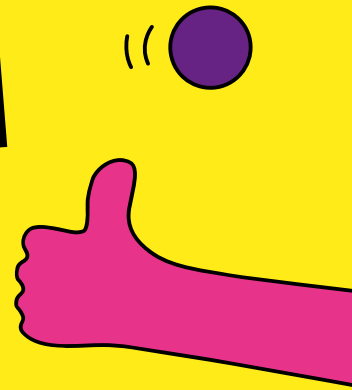


Westminster change 4 life

Young People



**Feathers Marylebone,
12 Rossmore Road, NW1 6NX
Wednesdays, 5 February to 5 March
6.00 - 7.00pm**

**Free club all about how to eat well,
move more and feel good for young
people aged 11-19 (up to 25 with
SEND)**

- Cooking activities
- Fun, active games
- Discussions on health topics



Scan here with your
phone camera

**Register now! Complete our online form at
www.family-action.org.uk/change4lifeservice
call us on 020 8960 0744 or scan the QR code**



City of Westminster