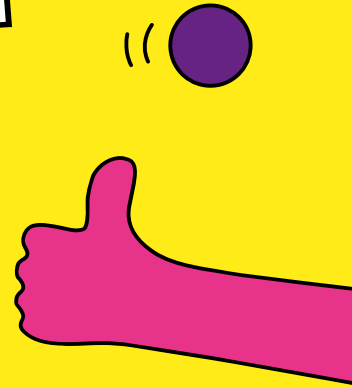


Kensington and Chelsea
change 4 life

Young People



Canalside Activity Centre
Canal Close, W10 5AY
Wednesdays, 26 February - 26 March
6.30-8.00pm

**Free club all about how to eat well,
move more and feel good for young
people aged 11-19 (up to 25 with
SEND)**

- Cooking activities
- Fun, active games
- Discussions on health topics



Scan here with your
phone camera

**Register now! Complete our online form at
www.family-action.org.uk/change4lifeservice
call us on 020 8960 0744 or scan the QR code**



THE ROYAL BOROUGH OF
KENSINGTON
AND CHELSEA