

Canalside Activity Centre, Canal Close, W10 5AY Mondays 3 March - 31 March 4 to 5.30pm

Free club with food and fun physical activities for children and families! For children aged 5–11 to attend with a parent or carer.

- Food making activities
- Fun, active games
- Free recipe pack every week



Scan here with your phone camera



Register now! Complete our online form at www.family-action.org.uk/change4lifeservice call us on 020 8960 0744 or scan the QR code

